



		Overview	Reception	Year 1	Year 2
Relationship and Sex Education		<p>Relationship Education (statutory): By the end of Primary school pupils will have been taught content on: families and people who care for me, caring friendships, respectful relationships, online relationships and being safe.</p> <p><b>Yellow</b>= Statutory Science learning (outlined in the 2014 National Curriculum)</p> <p><b>Green</b>= Statutory Safeguarding learning (outlined in Keeping Children Safe in Education and Working together to Safeguard Children)</p>	<ul style="list-style-type: none"> <li>I can name parts of the body.</li> <li>I can tell you some things that I can do and foods that I can eat to be healthy,</li> <li>I understand that we all grow from babies to adults.</li> </ul> <p>EYFS Curriculum</p>	<ul style="list-style-type: none"> <li>I am starting to understand the life cycles of animals and humans.</li> <li>I can tell you some things about me that have changed and some things about me that have stayed the same.</li> <li>I can tell you how my body has changed since I was a baby.</li> <li>I can identify the parts of the body that makes boys different to girls and can use the correct scientific names for these.</li> </ul>	<ul style="list-style-type: none"> <li>I can recognise cycles of life in nature.</li> <li>I can tell you about the natural process of growing from young to old and understand that this is not in my control.</li> <li>I can recognize how my body has changed since I was a baby and where I am on the continuum from old to young.</li> <li>I can recognize the physical difference between boys and girls, use the correct names for parts of the body and appreciate that some parts of my body are private.</li> <li>I understand that there are different types of touch and can tell you which ones I like and don't like.</li> </ul>
		<p><b>Year 3</b></p> <ul style="list-style-type: none"> <li>I understand that in animals and humans lots of changes happen between conception and growing up and that usually it is the female who has the baby.</li> <li>I understand how babies grow and develop in the mother's uterus. I understand what a baby needs to live and grow. <b>(Can be withdrawn as in Upper KS2 NC for Science).</b></li> <li>I can start to recognise stereotypical ideas I might have about parenting and family roles.</li> </ul>	<p><b>Year 4</b></p> <ul style="list-style-type: none"> <li>I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies.</li> <li>I can identify how boys' and girls' bodies change on the outside during this growing up process. <b>(Can be withdrawn as Upper KS2 NC for Science).</b></li> <li>I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up. <b>(Can be withdrawn).</b></li> <li>I understand that some of my personal characteristics have come from my birth parents. <b>(Can be withdrawn).</b></li> <li>I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this. <b>(Can be withdrawn).</b></li> <li>I know how the circle of change works and can apply it to changes I want to make in my life. I can identify changes that have been and may continue to be outside of my control that I learn to accept.</li> </ul>	<p><b>Year 5</b></p> <ul style="list-style-type: none"> <li>I am aware of my own self-image and how my body image fits into that.</li> <li>I can explain how a boy and girl's body changes during puberty and understanding the importance of looking after yourself physically and emotionally (including erections, ejaculation and menstruation for reproduction).</li> <li>I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby. Process of sexual intercourse and reproduction. <b>(Can be withdrawn).</b></li> <li>I can identify what I am looking forward to about becoming a teenager and understand this bring growing responsibilities (age of consent).</li> </ul>	<p><b>Year 6</b></p> <ul style="list-style-type: none"> <li>I am aware of my own self-image and how my body image fits into that.</li> <li>I can explain how girls and boys bodies change during puberty and understand the importance of looking after yourself physically and emotionally.</li> <li>I understand that sexual intercourse can lead to conception and that is how babies are usually made. I also understand that sometimes people need IVF to help them have a baby. <b>(Can be withdrawn).</b></li> <li>I can describe how a baby develops from conception through the nine months of pregnancy and how it is born.</li> <li>I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend/ partner.</li> <li>I am aware of the importance of a positive self-esteem and what I can do to develop it.</li> </ul>





Forest Lodge Academy  
A L.E.A.D. Academy

Statutory Curriculum 2021: **Progression in Relationship and Sex Education** at Forest Lodge Academy